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303	W	569	A7	1 BR+FLEX	\$298,900	\$1,111
315	E	588	A9	1 BR+EB+FLEX	\$281,900	\$1,048
318	S	495	A3	1 BR+FLEX	\$250,900	\$933
511	E	548	A10	1 BR+EB+FLEX	\$254,900	\$948
517	SE	570	A19	1 BR+EB	\$294,900	\$1,097
609	E	511	A11	1 BR	\$245,900	\$914
620	S	495	A3	1 BR+FLEX	\$242,900	\$903
709	E	511	A11	1 BR	\$247,900	\$922
719	SE	764	B3	2 BR+EB	\$391,900	\$1,472
810	E	515	A11	1 BR	\$249,900	\$929
819	SE	764	B4	2 BR+EB	\$393,900	\$1,465
820	S	495	A3	1 BR+FLEX	\$246,900	\$918

UNIT	VIEW	AREA	PLAN	TYPE	PRICE	MONTHLY
910	E	515	A11	1 BR	\$251,900	\$937
1003	W	569	A7	1 BR+FLEX	\$298,900	\$1,111
1008	E	519	A11	1 BR	\$253,900	\$944
1106	W	733	B11	2 BR	\$419,900	\$1,561
1601	W	473	A1a	1 BR+FLEX	\$258,900	\$963
1603	N	460	A2	1 BR	\$249,900	\$929
2503	N	460	A2	1 BR	\$270,900	\$1,007
3004	NE	857	B4	2 BR+EB+FLEX	\$495,900	\$1,844
3103	SE	807	C3	2 BR+EB	\$519,900	\$1,933
3204	S	495	A3	1 BR+FLEX	\$297,900	\$1,107
3206	W	481	A1	1 BR+FLEX	\$297,900	\$1,108
PH3	SE	807	C3	2 BR+EB	\$519,900	\$1,933



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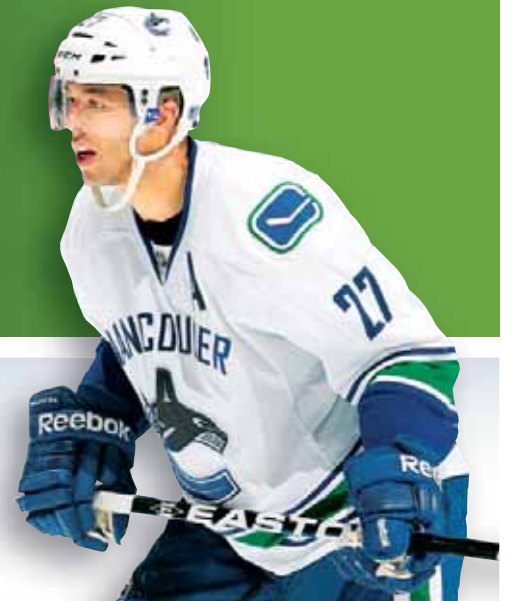
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NEWS
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Dip your toes

Stressed-out urbanites can find respite in the laid-back vibe of New York's Lake Placid

PAGE 14

One dish and you're good

Keep it simple and make it quick with this sweet sausage and pasta meal

PAGE 14

The horror!

The new haunted-house movie The Conjuring is full of scares. Bring it on and more, says Metro's Richard Crouse

PAGE 9

MALHOTRA STILL WAITING FOR AN OPPORTUNITY

UFA INTENDS TO KEEP PLAYING DESPITE EYE INJURY THAT SIDETRACKED HIS CAREER WITH CANUCKS

PAGE 17



A growing memorial to Glee actor Cory Monteith outside Vancouver's Fairmont Pacific Rim Hotel.

EMILY JACKSON/METRO

Heroin, alcohol killed Monteith, coroner says

Autopsy. Police declare investigation into actor's death closed

Quoted

"A mixture of heroin and alcohol can be fatal, and this is unfortunately another example of a tragic overdose."

VPD Const. Brian Montague

Glee star Cory Monteith died from a toxic mix of heroin and alcohol, the B.C. Coroners Service announced Tuesday, following days of worldwide media speculation that spurred an expedited autopsy and toxicological analysis.

The 31-year-old actor spent last Friday night with three friends, two women and a man, and returned to his hotel room alone around 2:15 a.m., said Const. Brian Montague of the Vancouver Police Department at a news conference.

Monteith was found dead by hotel staff around noon Saturday. Police found drug paraphernalia in his room, but

Montague would not specify if there were needles. Monteith is believed to have been alone when he took the heroin.

"The results released by the Coroners Service support the findings of our investigators and their beliefs upon the initial investigation that there was no foul play, and that this was an overdose and a tragic accident," Montague said.

"The police investigation has been concluded unless new information is received."

The time of Monteith's death is not clear. Police said he had been dead for several hours by the time his body was found, but Adam Shankman, who directed several episodes of Glee, told CNN that he talked to Monteith on Saturday morning about jet-skiing.

Police have interviewed Monteith's friends, who are co-operating.

If the Victoria-raised actor consumed a bad batch of heroin, that information will emerge in the coroner's final report, which will take at least a couple of months, Montague said. Police are not pursuing the person who sold Monteith the heroin, pending the results of that report.

He also said it is unclear how much Monteith had to drink.

KATE WEBB/METRO
WITH FILES FROM EMILY JACKSON/METRO
AND THE CANADIAN PRESS



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Mother begs for daughter's killer to be tried as an adult

Laura Szendrei. There is a 'significant' risk teen's killer, now 20, will reoffend: Psychiatrist



MATT KIELTYKA
matt.kielyka@metronews.ca

The young offender who bludgeoned 15-year-old Laura Szendrei to death in a sexually motivated assault should be sentenced as an adult, said the forensic psychiatrist hired to assess his mental state.

Dr. Kulwant Riar testified at the second day of the offender's sentencing hearing, telling Justice Robin Baird that the 20-year-old (who was 17 at the time of the 2010 murder) could not be rehabilitated under the youth justice system.

"What he needs is group treatment, we cannot put him in a group with young people," said Riar, arguing the age difference between the offender and those as young as 13 is too great.

Riar, a defence witness, also stressed the need for years of

supervision in the community after any jail sentence (also not possible under a youth sentence) because the risk of reoffending was "significant" in his opinion.

Rachael Szendrei clapped from the gallery as Riar offered his assessment.

"I truly believe that he will get a life sentence and be sentenced as an adult," she told media afterward. "God willing, and the judge, that's what will happen. Laura deserves this, please."

Riar said the killer — who cannot be named — clearly could not control his libido, as a series of four offences between April and September 2010 escalated from groping, to hitting women from behind and finally culminating with Szendrei's murder.

The offender had fantasized about raping women and came prepared with a pipe and zip ties when he encountered Szendrei, on her way to meet friends, in Delta's Mackie Park Sept. 25.

Riar said his lengthy interviews with the offender showed no signs of psychosis or any other mental disorder.



Rachael Szendrei speaks to media outside Surrey provincial court Tuesday, on the second day of a sentencing hearing for the man who killed her daughter, Laura, in September 2010. MATT KIELTYKA/METRO

Residents in the dark over coal: Poll

A whopping majority of British Columbians are well aware of proposed pipeline projects, but less than half have noticed a proposal for coal-export expansion, according to a poll released Tuesday.

While 96 per cent and 78 per cent are aware of Enbridge's Northern Gateway

Pipeline to Kitimat and Kinder Morgan's Trans Mountain Pipeline to Burnaby, just 49 per cent have heard of the Fraser Surrey Docks application to export coal to Asia, according to the Insights West survey of 752 residents.

And opinion is split on whether exporting more coal

from the region is a good idea.

About one-third (32 per cent) support expansion, citing jobs and economic growth, 31 per cent oppose it for environmental reasons and 36 per cent are undecided.

Regardless of support, two thirds believe coal dust is a health threat and 55 per cent

don't support coal since it's a major contributor to greenhouse gases.

"At this point, the environmental concerns from residents are evident, but there is also wide agreement on the economic benefits," Insights West's Mario Canseco said in a statement. **EMILY JACKSON/METRO**

Energy export

Municipalities and health authorities have raised concerns about coal export expansion projects for both environmental and health reasons. If Port Metro Vancouver approves the Fraser Surrey Docks project, the port will be the largest coal exporter in North America.

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Domestic assault. Police look for witness who tried to help but was attacked

Transit Police are looking for a witness who intervened as a man allegedly attacked his common-law wife at the Surrey Central SkyTrain Station on June 24, only to be attacked himself by the suspect with a knife.

Argelio Mejia-Diaz, 51, allegedly hit his wife in the face, grabbed her hair and then hit her face again.

A first witness on the platform who saw the assault happen at about 8:40 p.m. tried to help the woman, but the suspect allegedly attacked him and chased him off.

A second man tried to help the first witness but was also allegedly attacked by the suspect with a four-inch knife. The suspect slashed the second Good Samaritan numerous times before running out of the station, Transit Police say.

When officers arrived they were able to find the victim and the first witness, but the second intervenor was gone.

That witness, who police said they would like to commend for his selfless actions, is described as a black man in his early 20s. He was clean-shaven, had close-cropped hair and was wearing a short-sleeved striped shirt, a white hoodie-vest and knee-length shorts.

Mejia-Diaz, who is known to police, was arrested the day after the attacks and has been charged with two counts of assault and one count of assault with a weapon.

He was released but was arrested again on July 11 after allegedly breaching conditions by visiting the victim's home.

Call Transit Police at 604-515-8300, or Crime Stoppers with info. **KATE WEBB/METRO**

'Quick win' scandal. Premier says Liberals do not pay to hush critics

Premier Christy Clark says her government doesn't pay money to silence potential critics.

Clark was responding to Opposition New Democrat allegations that former government aide Brian Bonney was prepared to offer another former government worker a job to squelch information that could embarrass the premier.

Clark refused to discuss the issue further Tuesday, saying it could violate the privacy rights of at least one of the people involved, but a Liberal aide says the matter was investigated by a government review team and

the review found a job or bribe was not offered.

Opposition New Democrat Leader Adrian Dix says the job-offer suggestion was included in an email that was among 10,000 pages released by the government on its open-government website as part of the investigation into a scandal last spring about Liberal efforts to gain so-called "quick wins" in ethnic communities.

The former community-liaison employee last worked for the Liberal government on a month-to-month contract basis that ended in September 2012. **THE CANADIAN PRESS**



A Vancouver police officer demonstrates the test to see how much noise a motorcycle makes at a news conference on Robson Street on Tuesday. **EMILY JACKSON/METRO**

Hush those engines: Noisy bikes targeted

Noise pollution. Vancouver police cracking down on loud motorcycles

EMILY JACKSON
emily.jackson@metronews.ca

Stop revving those engines. Dozens of complaints about excessively noisy motorcycles and cars led the Vancouver police to target

obnoxiously loud drivers over the weekend.

Of approximately 50 vehicles tested, 19 were too loud and received \$190 tickets or an order to have the muffler repaired, Sgt. Derral Daniels said at a news conference on Tuesday.

Some drivers modify their vehicles to make them louder and wear earplugs to muffle the noise, Daniels said. Police even pulled over a motorcyclist who didn't hear the siren for two blocks because his motor was so loud.

Decibels

112

The average lawnmower operates at about 90 decibels, police say. The loudest bike they pulled over last weekend was 112 decibels.

The campaign is not about targeting motorcyclists, Daniels said, but about making sure the people who live downtown or use the city's public spaces are also able to enjoy themselves in the

summer months.

A common excuse police hear for deafening engines is that "loud bikes save lives," but Daniels emphasized "safe driving saves lives."

Jameila Hope, 35, was within the motorcycle noise limit of 92 decibels when she volunteered to let police test her bike.

She didn't think it sounded too loud but understands the noise restrictions since she, too, gets annoyed when drivers zoom past her house while her daughter sleeps.

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No way to convict Zimmerman: Juror

The six-woman jury ultimately voted to acquit a neighbourhood-watch volunteer in the killing of an unarmed black teenager after closely examining the law, a juror in the case said Monday.

George Zimmerman was charged with second-degree murder in the fatal shooting of 17-year-old Trayvon Martin last year, but the jury was also allowed to consider manslaughter.

The woman, known as Juror B37, told CNN's Anderson Cooper that when the jury began deliberations Fri-

day, they took an initial vote. Three jurors — including B37 — were in favour of acquittal, two supported manslaughter and one backed second-degree murder. She said the jury started going through all the evidence, listening to tapes multiple times.

"That's why it took us so long," said B37.

When they started looking at the law, the person who initially wanted second-degree murder changed her vote to manslaughter, the juror said. Then they asked

Vigils, rallies planned

100

Civil rights leaders said Tuesday they are planning vigils and rallies in 100 U.S. cities this weekend to press the federal government to bring charges against George Zimmerman.

for clarification from the judge and went over it again and again. B37 said some jurors wanted to find Zimmerman guilty of something, but there was just no place to go

based on the law.

B37 said jurors cried when they gave their final vote to the bailiff.

The interview came two days after Zimmerman's acquittal in the shooting death of Martin in a gated community in Sanford, Fla., where the teenager was visiting family. Martin was black, and Zimmerman identifies himself as Hispanic. While prosecutors accused Zimmerman of profiling Martin, Zimmerman maintained he acted in self-defence.

THE ASSOCIATED PRESS

From a self-imposed exile, train engineer speaks out via lawyer

Lac-Mégantic disaster.

Lawyer dispels claim that Tom Harding is under 'police control'

Role in accident

Tom Harding's role is a central question in the tragedy. His own company called him a hero before announcing his suspension.

- He is also named as one of the defendants in an attempted class-action suit.
- One question is whether the veteran railman applied the appropriate number of hand-brakes before ending his shift.

The train engineer at the centre of the Lac-Mégantic disaster investigation is emotionally "devastated" by the tragic event, his lawyer says.

Tom Harding has vanished from public sight, and his lawyer's comments Tuesday shed some light on how he has responded to the tragedy.

Lawyer Thomas Walsh said his client has been staying at an undisclosed location, on his advice, to avoid the constant barrage of journalists at his Eastern Townships home.

Walsh said he's hoping to get Harding psychological help.

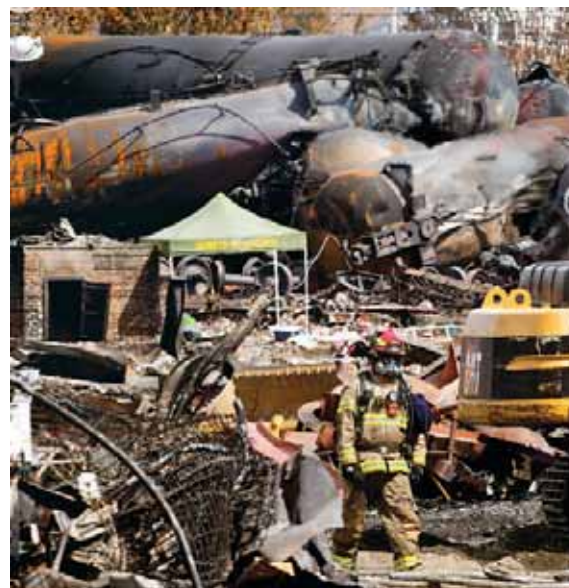
Edward Burkhardt, the head of the rail company, had told reporters last week that his engineer was under "po-

lice control" as the subject of a criminal investigation.

"Nothing (of the sort)," Walsh said Tuesday. He said Harding has not been arrested or charged with any crime stemming from the accident.

"He's talking through his hat, as far as I can see."

THE CANADIAN PRESS



A fireman walks through debris Tuesday at the site of the train derailment and fire in Lac-Mégantic, Que., that left 37 people confirmed dead and another 13 missing and presumed dead. RYAN REMIOWZ/THE CANADIAN PRESS

Oakville, Ont.

Father charged over baby in hot car

Police have charged a Toronto father with child abandonment after an infant girl was left in a hot car in Oakville, west of Toronto, on Sunday.

Halton Region police said the nine-month-old was left unattended in a parking lot

for about 10 to 15 minutes.

Police said the baby was seen sweating profusely and crying but was OK after she was examined by paramedics and released to her mother.

When an in-store announcement at Home Depot drew the father back to the vehicle, police say a group of angry people "berated" him.

The father has been released pending a court appearance. THE CANADIAN PRESS

Everyday anxiety

Renowned painter Alex Colville dies

Celebrated painter Alex Colville, whose meticulously crafted scenes of everyday life established him as one of Canada's most well-known artists, has died at 92.

His son, Graham, said his father passed away Tuesday at his home in Wolfville, N.S.

Colville began his career as a military artist and documented troops landing on D-Day. Even his most serene works were infused with a sense of unease, as he viewed the world as inherently dangerous and full of anxiety.

Colville's 1953 piece "Man on Verandah" sold for \$1.29 million at an auction in 2010, setting a record for a work by a living Canadian artist.

THE CANADIAN PRESS

Cops urge caution after freighter nearly hits boat

Sailing. Dinghy with two aboard overturned off Jericho beach



EMILY JACKSON
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A close call between a 500-foot freighter and a 14-foot sailing

dinghy that cut across its path prompted the Vancouver police marine unit to warn boaters to use "extreme caution" when travelling near the giant vessels.

The pilot of a freighter weighing 21,000 gross tonnes and travelling at two knots (3.7 km/h) had to put the engines into an immediate reverse and do an emergency anchor drop when the dinghy

overturned in its path near Jericho beach over the weekend.

If the freighter had been going one knot faster, it would not have been able to stop and likely would have killed the two people aboard the dinghy, according to the marine unit.

The freighter would have proven fatal even though it was moving so slowly that the dinghy operator didn't realize

it was in motion.

"People out on the water must remain aware and stay away from freighters," marine unit Const. Jamie Gibson said in a statement. "Never cut in front of them."

He encourages boaters to stay out of navigational channels, give freighters ample sea room and review the Canada Shipping Act rules regarding rights-of-way.



People watch a freighter sitting in English Bay. JENNIFER GAUTHIER/METRO FILE

Powell and Victoria. Senior dies following collision with pickup truck

A Vancouver woman who was travelling on a motorized scooter has died of her injuries after being hit by a pickup truck Monday afternoon.

The 67-year-old woman was crossing Powell Street when a 25-year-old Surrey man in a pickup truck struck

her while making a left turn off Victoria Drive, according to Vancouver police.

The driver remained on the scene and is co-operating with police. The woman, whose name will not be released, was taken to hospital with a serious head injury and

died overnight.

Investigators have not yet determined the cause of the collision and are seeking video evidence. Police ask any witnesses to contact the VPD collision investigation unit at 604-717-3012.

EMILY JACKSON/METRO

Kamloops

Bus driver gets ban after sobriety test

A transit-bus driver in Kamloops has been handed a 90-day driving ban after failing a roadside sobriety test while on the job.

FirstCanada, which handles transit operations in Kamloops on behalf of BC Transit, says an investigation is underway in the wake of the Saturday morning incident.

BC Transit spokeswoman Maureen Sheehan says the investigation and decision about the future of the driver will be up to FirstCanada, but BC Transit is paying close attention to the outcome.

Kamloops RCMP confirm

a FirstCanada supervisor called police at about 11 a.m. on July 13, after he ordered the driver to pull over his empty bus, then became suspicious about the driver's condition.

Officers administered a breath test, removed the driver from the bus and imposed the roadside prohibition.

Another driver was brought in to continue the route. **THE CANADIAN PRESS**

Missing women

Pickton case yields another lawsuit

The lineup of family members suing serial killer Robert Pickton and police for failing to investigate the

reports of missing women is growing longer.

The son of Stephanie Lane has filed a separate lawsuit in B.C. Supreme Court alleging that the Vancouver police and the RCMP negligently contributed to Lane's death and her son's suffering.

Lane went missing in early 1997, just over eight months after her son — whose name is withheld — was born.

The DNA of the 20-year-old woman was discovered on Pickton's farm in 2002.

The children of four other women whose remains were found on Pickton's farm launched separate lawsuits in May.

None of the allegations in the lawsuits have been proven. **THE CANADIAN PRESS**

She's going from straight A's to getting her first F.



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Invasion of the lionfish. Voracious predator spreads in the Atlantic



In this image taken from video, two lionfish are shown in an aquarium at the Nova Southeastern University Oceanographic Center in Dania Beach, Fla. Desperate for control over their populations in the wild, Florida this year enlisted volunteers and amateurs to go after the fish. SUZETTE LABOV/THE ASSOCIATED PRESS

The invasive lionfish that crowds coral reefs and preys on native fish in the Atlantic's shallower waters is such a problem that divers in Florida and the Caribbean are encouraged to capture and eat them whenever they can.

Lionfish, which have venomous spines, are a well-documented problem in Atlantic coral reefs, where the 25 centimetre-long, one-pound invaders from the tropical parts of the Pacific and Indian oceans live without predators and eat other fish voraciously. What's

slowly coming into view is how deep into the ocean their invasion has spread.

Researchers and wildlife officials worry that lionfish may undo conservation efforts aimed at rebuilding populations of native predators such as groupers and snappers. Lionfish gorge on the young of those species, as well as their prey.

"They can eat pretty much anything that fits inside their mouths," Oregon State University lionfish expert Stephanie Green said.

THE ASSOCIATED PRESS

A buck a call? CRTC nixes pay phone hike

Canada's telecom regulator is hanging up on Bell Canada's bid to increase the cost of using a pay phone. The Canadian Radio-television and Telecommunications Commission has rejected a request by Bell to charge people more to use coin-operated land lines, a familiar fixture of the pre-cellphone age.

"This is, in our view, a victory for today," said Janet Lo, legal counsel for the Public Interest Advocacy Centre.

"We're very pleased that the commission stood up to Bell's request."

The CRTC is also considering whether to take steps to prevent the company from pulling less profitable pay phones out of underserved communities.

Bell and its subsidiary Bell Aliant Inc. had asked for permission to boost the price of a local call to as much as \$1, compared with the current price of 50 cents, and to double the cost of using a credit or debit card at a pay phone to \$2.

THE CANADIAN PRESS

From print to digital

Sun Media closes papers, cuts jobs

Sun Media Corp. is slashing 360 jobs and shutting down 11 publications across the country, saying it needs to invest more heavily in digital news to lure in younger readers.

In addition to job cuts, the newspaper publisher is closing down eight community newspapers and its 24 Hours free daily papers in Ottawa, Calgary and Edmonton.

THE CANADIAN PRESS

Market Minute

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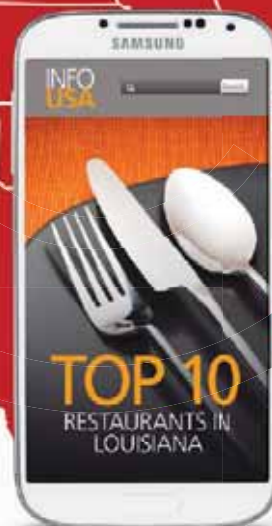


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NOT EVERY DOG HAS ITS DAY

The daily news is filled with reports of racism, sexism, ageism and absurdism, but a large faction of this country's population silently faces a form of discrimination I like to call anti-caninism. That's right, people who hate dogs. You know the type; distinctly anti-social, but ultra-sensitive to child safety, hypothetical allergies or the physically challenged, as long as the disability doesn't require canine assistance.

Wherever dog owners gather, there is inevitably, some scowling curmudgeon hiding in the bushes taking video of puppies peeing on grass. Oh no! Now, we've exposed the children! For centuries, scientists have been mystified by the various causes of disease, but 'Pooch Patrol' has connected it all to dog urine. Parents beware: Your local park has not been sterilized for your kids' protection.

We belong to a culture spoiled by the freedom to dismiss ourselves from all responsibility. Parents use children as the ex-



JUST SAYIN'
Mike Benhaim
Guest columnist

cuse by which to perpetuate their own ignorance, and we spout improperly learned notions as universal truths.

Now, I'm not implying that the enlightened 19-year-old at 7-Eleven is not thoroughly versed in Canadian law but I recently entered one while holding my 10-pound Maltese.

Apparently, just having a dog exempted me from the basic courtesies afforded to the general public, let alone patrons.

"Mister, you can't have that dog in here!" She told me. When I questioned the hostility, she said, "It's against the law." (Gasp!) Am I a criminal now? Naturally, I probed further. "What about service dogs?" Apparently, our crackerjack legal scholar was ill-prepared for such meticulous cross-examination, as she responded with "Huh?" I specified, "What about seeing-eye dogs?"

And it was then that my clever foe truly earned the right to wear that plastic name tag by delivering a stunning rebuttal of

"It never happens."

Well then folks, I guess the law is clear. Only it really isn't.

Canada's Animal Pedigree Act prohibits animals from direct contact with food preparation. Beyond that, every province, municipality and establishment owner has their own unique set of rules.

Parks, malls and department stores can legally allow your dogs, only many of them choose not to. One manager actually admitted that it depended largely on personality. That of the dog AND its owners.

Hound-friendly malls and patios exist throughout Canada, but all it takes one anti-canine complaint to spoil the show. It's never about them. These are just selfless citizens doing their part to protect the helpless from your vicious Chihuahuas.

Friends, think of dogs as babies. They can be cute, and at times disgusting, but they are part of the population and deserve to share the world with everyone else. So let's exercise a little tolerance and open public places to man's best friend.

Paul Sullivan will return July 31.

ZOOM

They have a proven track record



SOLENT NEWS

Longest Lego train track built

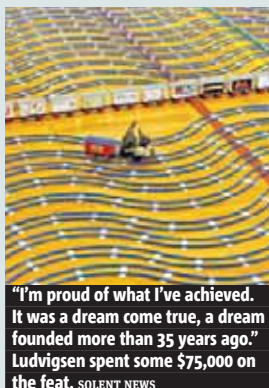
A Lego fan was on the right track when he assembled 93,072 plastic bricks to make the world's longest toy train circuit. Henrik Ludvigsen from Roskilde, Denmark, and a team of 80 others spent 18 months designing the track that measures 4,000 metres, which has earned him a Guinness World Record.

METRO

Lego land

"I was cleaning out a room in our house when I found all my old blue tracks. While my wife was asleep on the couch I went off to surf the Internet and got this crazy idea that I wanted to build the world's longest Lego train track."

Henrik Ludvigsen, 43, technology officer



"I'm proud of what I've achieved. It was a dream come true, a dream founded more than 35 years ago." Ludvigsen spent some \$75,000 on the feat. SOLENT NEWS

A long ride

3 hours, 22 minutes

is the time it took for a Lego toy train to complete a lap of the 4,000-metre-long route.

In 1934, Danish toy inventor Ole Kirk Christiansen named his new company Lego, formed from the Danish words "Leg Godt" meaning "play well." In Latin 'lego' means "I study" or "I put together."

Clickbait



ANDREW FIFIELD
andrew.fifield@metronews.ca

Excellent news! The Zen offered up by Explore.org's livestream of brown bears chilling in an Alaska river last summer is back for another year. Keep that, and perhaps these others, open in a tab for a bit of nature in your workday.



LONDON LOOKS/Flickr

Puffin Burrow

If your tastes are more avian than ursine, rest easy because the bears aren't the only stars in Explore.org's stable. Get voyeuristic by creeping on a pair of nesting Atlantic puffins off the coast of Maine. (explore.org)

Kitty Cams

OK, fine. This isn't a livestream. But they do have a wildly entertaining first-person collection of noted cat hi-jinx like peeking in neighbourhood

windows, harassing lizards, giving guff to dogs and keeping the stoop possum-free. (kittycams.uga.edu)

Vancouver Aquarium

It's hot. You're stuck at work. Cool off with critters that know how to enjoy the life aquatic. Sea otters, penguins and belugas bring the cute. Jellyfish are standing by in case you need something to synch your Pink Floyd albums to. (vanaqua.org)

Letters

RE: Jenny's Got A View, And I've Got One Too, published July 16

I am neither a fan of The View nor a fan of Jenny McCarthy, however I was surprised and appalled by your opinion of the subject matter of a possible relationship between vaccinations and autism.

My question to you, when you have read your articles to form your opinion around the subject matter of vaccination in relationship to autism, have you considered your sources? Were the surveys that you may have read funded by the pharmaceutical big businesses?

Have you read any articles from

parents who noticed a considerable change in their child after a vaccination? Have you completed a thorough investigation? Based on your comments, I expect that you have not.

I believe that vaccinations are meant to help the community at large, and as we all know they have saved us from much disease and heartache. Is it possible that we may need to revisit or review our ingredients or timeline to vaccinations?

I think that it is disrespectful for individuals with no experience or thorough knowledge to make judgements on others based on their experiences just because their experience differs from your own.

Valerie Doyle

WE WANT TO HEAR FROM YOU: Send us your comments: vancouverletters@metronews.ca

Animated

Turbo

Director. David Soren

Stars. Ryan Reynolds, Paul Giamatti and Samuel L. Jackson

Ryan Reynolds voices Turbo, a snail obsessed with car racing. His need for speed is fulfilled after inhaling engine fumes that rev up his metabolism to the tune of 200 m.p.h., a talent that earns him a spot at the Indianapolis 500. The movie is amiable, with beautiful animation and great voice work from Paul Giamatti and Samuel L. Jackson. Too bad it's saddled with a dullish script that's as uninteresting as escargot without garlic and butter. It feels padded with music and montages and moves at a snail's pace, which seems like it should be appropriate for this movie, but really isn't.

RICHARD CROUSE

Documentary

Venus and Serena

Director. Maiken Baird, Michelle Major

Stars. Venus Williams, Serena Williams

In this compelling documentary, filmmakers Maiken Baird and Michelle Major follow Venus and Serena Williams throughout the 2011 tennis season — a year plagued with health and personal problems — and provide a glimpse into the aging titans' struggle to stay on top. **MANORI RAVINDRAN**

Conjuring up a number of familiar horror themes

New movie.

Supernatural flicks aren't anything new but the creepy cranks continue to kill at the box office and on screen



IN
FOCUS
Richard Crouse
scene@metronews.ca

The Conjuring, the new film from Saw co-creator James Wan, plays like a mash-up of The Exorcist and a particularly spooky episode of Ghost Hunters. Based on true events, it follows one of the most devilishly famous cases of real life paranormal investigators Ed and Lorraine Warren.

The ghostly action begins when the Warrens (Patrick Wilson and Vera Farmiga), self described "demonologists, ghost hunters ... and kooks," are called in to investigate the haunting of a rambling old farm house purchased by the Perron family, Roger (Ron Livingston) and Carolyn (Liv Taylor) and their five daughters.

The house is creepy. Doors slam, someone or something goes the girls while they sleep, clocks stop at 3:07 precisely and the smell of rotten meat hangs in the air.

It's spooky stuff, but it's not the only supernatural case the Warrens investigated that went on to find notoriety on the big screen.

The Haunting in Connecticut breathes the same



The Conjuring has some spooky stunts. HANDOUT

air as The Town that Dreaded Sundown, Death Tunnel or any movie involving evil spirits, a haunted house, an old aboriginal cemetery or former insane asylum.

The film takes its story from the much documented life experience of Carmen Snedeker and her family who were tormented by evil forces after moving into a reconverted funeral home in Southington, Connecticut.

In the real life 1986 case the Warrens were called in and declared the Snedeker house to be crawling with demons, the result of former

funeral home workers practicing necrophilia on the site.

How accurate was the movie?

"I was also told about scratching on the walls, blood and seances," Lorraine Warren told MyRecordJournal.com. "That isn't the type of things that were occurring within the house at all. The movie is very, very loosely based on the actual investigation."

The eerie couple's most notorious inquiry occurred at 112 Ocean Avenue in Amityville, Long Island.

The paranormal experiences of the Lutz family, who claim to have been terrorized by supernatural forces after moving into a large Dutch Colonial house where Ronald DeFeo, Jr. shot and killed six members of his family, came to be known as The Amityville Horror.

It has been the subject of 10 movies, a number of books and was a memorable case for Lorraine Warren.

"The case itself has affected our personal lives more than any other case we've ever worked on in 54 years of research," she said.

2 SCENE

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METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Kristen Stewart is not grimacing with Michael Pitt

Too-cool-for-school couple Kristen Stewart and Michael Pitt probably aren't sighing loudly while they attempt to gather the enthusiasm to have sex with one another.

Rumours swirled earlier in the week that Stewart may have found a new leading man in former Boardwalk Empire star Michael Pitt since meeting at Paris Fashion Week.

"Kristen's not over Rob but she's getting there, and Michael's helping her through it," a source tells The Sun. "She vowed to throw



herself into work and be single this summer, but when she met Michael last week, they hit it off." And the two apparently have a lot in common, according to the source: "They both hate the spotlight and are smart bookworm types."

But not so, says Pitt's rep, telling E! News, "While we do not comment on our clients' personal lives, please know that there is absolutely no truth whatsoever to this rumour that Michael Pitt and Kristen Stewart are dating."

PAT HEALY

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Looking for a Placid time?

Family fun. Lake Placid mixes natural beauty and a laid-back vibe to make the perfect getaway for stressed out city dwellers

KATHY BUCKWORTH
life@metronews.ca

Busy families looking to unwind, unplug and undo their daily demands will instantly appreciate the aptly titled Lake Placid, with calm waters showcasing a shoreline dotted with "Great Camps", built in a bygone era when wealthy families from New York City hauled their families up north to escape the city heat and bask in the beautiful mountains of the Adirondacks.

The town of Lake Placid has a '50s feel to it, partly because of the protected park status, and partly because the town embraces the quirky feel of a mountain holiday, year round. It's hard to travel more than 100 feet down the main street, or anywhere in the surrounding area, without tripping over an Adirondack chair (which Ontarians call Muskoka Chairs).

Built five years ago very much in the style of the Great Camps, the luxurious Lake Placid Lodge has become the place to stay, with celebrities and other New York notables on their preferred customer list. The Artisan Restaurant has also become the "unofficial country club" of the many wealthy camp/luxury homeowners in the area. An award winning chef and meticulous attention to detail (not to mention a world class mixologist at the bar) combine to make an



AuSable Chasm offers some spectacular views. KATHY BUCKWORTH/METRO

extravagant dining experience.

There is a form of accommodation to fit every preference and budget.

The town and surrounding villages offer fun B&B's full of local character, like Nan and Red LaFontaine's Paradox Lodge, which features birch bark ceilings and uniquely local antiques. Cozy bedrooms feature modern bathrooms and a wonderful family cottage feel. The Lodge backs onto a bay leading into the lake, and Red's homestyle breakfasts are the perfect start to a busy day getting out to the many outdoor adventures available.

The restaurants and bars are as diverse as the lodgings, with the Brown Dog Café, a popular favourite, featuring fantastic views of Mirror Lake, where diners can watch the

If you go...

Lake Placid is located about a five-hour drive from Toronto. Visit lakeplacid.com for more information.

sun go down as canoers and kayakers glide by. During the day, it's easy to grab a fresh deli sandwich at The Little Super Market and head down to the local beach on Lake Everest in Wilmington.

A short drive away, the covered bridge in Jay (rebuilt in 2007) represents the rich history of the area, and the flat rocks that the AuSable River flows over make it the perfect spot to cool off on a hot day.

But it's not all calm in this area of the Adirondacks. Dur-

ing the winter it is the destination of choice for adventurous skiers and snowboarders, anxious to recreate runs they watched during the 1980 Olympics on Whiteface Mountain, and in the summer the hills are taken over by warrior gangs of mountain bikers. The base area around Whiteface, also with protected status, remains untouched by the usual array of condominiums, hotels, bars and restaurants, for a true mountain experience.

The AuSable Chasm is about an hour's drive from Lake Placid, and the spectacle of the chasm is as awesome as the Adventure Trail that's been developed.

Cable pulls, rappelling and swaying bridges are for the brave of heart. The Intermediate Trail offers a terrific mix of

easy strolling and heart stopping rock wall scaling.

The Wild Centre is a great stop to make on the way to or from Lake Placid, situated in Lake Tupper. This 31-acre wildlife conservation area will have the kids entertained with more than 900 live animals.

In the heart of Lake Placid, Olympic Center is home to two arenas, both famous in their own right. The figure skating arena was the site where Sonja Henie won gold during the 1932 Olympics, and the hockey arena is home to the legendary Miracle on Ice match between the Americans and the USSR. A quick look at the wall plaque reveals that the 1980 Olympics were also the year speed skater Eric Heiden won 5 gold medals and Canadian Gaetan Boucher won a silver medal.

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Travel tip

Don't let stormy skies deter you from deals

ON THE MOVE
Loren Christie
life@metronews.ca

Looking for a great deal to the Caribbean? The best value vacations can be found now through Nov. 30, during the Atlantic storm season. Although standard booking conditions for most airlines and tour operators do not offer compensation should bad weather ruin your vacation, there are an increasing number of hotels and resorts, tour operators and even destinations, like Bermuda or the Cayman Islands, that offer something called a hurricane guarantee.

The guarantees are designed to encourage you to book during the off-season by offering additional protections against your holiday investment. Although every guarantee is different, you will find some common elements such as; the policy only applies if the hurricane is deemed a Category 1 or

stronger by the U.S. National Hurricane Centre. It kicks in when flights have been cancelled or when a hurricane is sure to strike and it may only cover part of your loss, like the actual storm-affected days or your flight home. Generally the hotel, resort or travel provider will not charge cancellation or change fees on the interrupted vacation and will allow you to rebook for a later date. Don't expect a full refund.

If you are anxious for a cheap sun holiday and think it's worth the risk, make sure you understand the fine print. Give your full contact details to the airline, including a local phone number, so they can contact you should an evacuation be necessary. Or consider booking through a travel agent who can take care of all of those details and advocate on your behalf if you need to make a claim on your hurricane guarantee.

If the threat of a potential hurricane is too much of a headache for you, visit the islands in the southern Caribbean such as Barbados, Aruba or Trinidad and Tobago, which are far less prone to extreme weather.

Also consider booking a cruise. A ship can change its itinerary to sail around a storm. Your ports may change, but at least you follow the sun.



Hurricane guarantees can seem appealing in storm season. iSTOCK

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A real-life Shark Week

Scary snorkel.

Don't worry, these sharks at La Jolla Beach don't bite

Just beyond the breakers at La Jolla Shores Beach, hundreds of dark figures cruise through the sandy shallows like a scene in a horror movie.

In most cases, the sight of one shark, much less hundreds, would spark panic.

The leopard sharks of La Jolla, Calif., induce a different response. Instead of racing toward shore, visitors here head out toward the deeper water to get a closer look.

And for those who get the chance to swim with the sharks, the experience is unforgettable.

"I've been doing it for years and I still go out and swim with them," said Ezekiel Morphis of HBK Sports, which offers kayaking and snorkelling tours with the sharks. "I think it's awesome."

The leopard sharks come close to shore from June to ear-



Snorkelling for sharks at La Jolla Shores Beach in California. THE ASSOCIATED PRESS

ly December, peaking between August and September, when hundreds congregate along a small stretch of this beach north of San Diego.

We know what you're thinking: Isn't it dangerous to swim with sharks in the open ocean?

No, at least not with these sharks.

Leopard sharks, unlike larger, fear-inducing species like the great white, are non-aggressive and actually a bit timid, darting away whenever there's a commotion in

the water.

Leopard sharks also have small mouths and teeth — they feed on crustaceans, shrimp and bony fish — so even if they did bite, it wouldn't cause nearly as much damage as some of the larger fish swimming around.

It's still the ocean, though, so there's always the chance larger sharks might come in to feed, but attacks on leopard sharks near La Jolla are almost unheard of.

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One-dish pasta makes it easy to keep it simple — and get out of the kitchen



ROSE REISMAN
for more, visit
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This is a great one-dish meal that's perfect for a quick dinner. Have a large leafy salad to start. If you want a more savoury flavour, use spicy sausage.

1. Cook pasta in boiling water according to package instructions. Drain and place in serving bowl.

2. In large non-stick skillet, heat oil; sauté garlic, onions, green peppers and zucchini until tender, approximately 5 minutes.

3. Add sausage and beef; sauté just until cooked, approximately 10 minutes.

Ingredients

- 12 oz radiatore or penne
- 2 tsp vegetable oil
- 2 tsp crushed garlic
- 3/4 cup chopped onions
- 3/4 cup chopped sweet green peppers
- 2 cups chopped zucchini
- 6 oz sweet sausages, skinned and chopped
- 6 oz ground beef
- 2 1/2 cups canned or fresh tomatoes, crushed
- 1/3 cup sliced black olives
- 2 tsp dried basil
- 1 tsp dried oregano

4. Add tomatoes, olives, basil and oregano; simmer 15 minutes, until sauce thickens, stirring. Pour over pasta, and toss.
ROSE REISMAN BRINGS HOME LIGHT PASTA (ROBERT ROSE) BY ROSE REISMAN

Radiatore with Sweet Sausage, Zucchini and Tomatoes



This recipe serves eight. MARK SHAPIRO, FROM ROSE REISMAN BRINGS HOME LIGHT PASTA (ROBERT ROSE)

Drink of the Week

Lavender Sour

Beat the heat with this exquisite blend of flavours, including lime juice, lavender bitters and egg whites.

- 1.5 oz Belvedere vodka
- 0.6 oz fresh lime juice
- 3/4 oz simple syrup
- 0.3 oz egg whites
- 2 dashes of lavender bitters

Dry shake then add ice and shake again. Strain into chilled martini glass and garnish with an expressed lemon twist.



PHOTO AND RECIPE COURTESY OF BELVEDERE VODKA

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The path to prosperity

Work wonders.

An expert shares his tips on getting through the application process and on to the interview

MEGHAN GREAVES
TalentEgg.ca

"How do I get my foot in the door?" is just the tip of the question iceberg when starting your job hunt.

To help answer this question, we spoke with head hunt-

ing expert David Perry, who the Wall Street Journal calls the Rogue Recruiter.

Begin with clarity

Starting your job search with clarity starts with determining the top 10 to 20 employers you want to work for. Doing this is much simpler than you may think.

David recommends that you "figure out what your top three skills are that you can bring to an employer" and go from there.

Then you can search for employers online who are looking for these exact skills and use

this to create your wish list.

Put yourself online, professionally speaking

Luckily for many Gen Ys, this is virtually a natural instinct. Yet, creating a professional online presence is where we lack skills occasionally. This may be because we don't know how to or because we're nervous that what we have to offer won't be good enough for an employer.

According to David, we shouldn't feel this way at all. When getting online (in a professional manner), keep these two things in mind:

1. Don't let lack of experience stop you. If you don't have a ton of "real world" work experience, David says, "don't worry about the experience — focus on the skills you have."

2. Don't overlook the skills developed in school: project management, interpersonal, communication, organization, research, writing. These are all very applicable skills that employers love.

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The Princeton Review

Dirt on your desktop?

A site to see. Keeping your online persona pristine is as important as ironing your shirt on interview day

ROSIE
HALES
TalentEgg.ca

Remember that post you liked on your friend's timeline last week? It could have been a totally innocuous link of 32 must-see cute animal pictures or it could have been a slightly compromising picture of you in the hours that proceeded happy hour. Either way, you've left a data trail that people will be able to see for years to come.

No, this isn't the work of an expert Facebook user. It's a reality that job seekers with an online presence must become familiar with if they wish to succeed in their job hunt.

According to a survey by McAfee it seems that people are worried about their online personas.

In fact, 46 per cent of 18-to-34-year-olds polled were con-



Clean up the content: Many companies will perform background checks on potential employees to check if they will represent the brand in a professional manner. ISTOCK

tive and anyone looking for a job needs every advantage they can have," Moretto said, adding that this means that job seekers definitely don't want to have anything negative in their digital trail.

If a potential employer saw something unsavoury on an applicant's Facebook page or other online profile, Moretto said this could lead to the applicant not getting the job.

"If I'm an employer then I'm looking for someone who is going to represent my brand," she said.

"If they had a negative digital footprint then it wouldn't be aligned," Moretto said.

16 per cent of people polled knew someone who had been fired because of a personal image or message posted online.

People are constantly on smartphones and aren't posting pictures of each other volunteering or studying as much as they are of their friends in a compromising position.

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cerned about how they look online.

Brenda Moretto, Canadian Consumer Manager at McAfee, said that a poor digital reputation could hurt a new graduate in their job hunt in a number of ways.

"Job markets are competi-

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CONTRIBUTED

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Wednesday, July 17, 2013

Grab the bully by the horns

Face the fearsome. It's often true that honey attracts more bees, but with an office antagonist, calm confrontation is key

ALISON
BOWEN
Metro World News

Maybe they swiped your papers from the copy machine.

Or "accidentally" left you off the email about a super-productive lunch meeting, for the third time. Or perhaps you avoid their cubicle, knowing every interaction turns aggressive. File all these scenarios under workplace bullying.

"Bullying, actually, many times is considered legal, believe it or not," says Mike Dreiblatt, president of Stand Up To Bullying. Unlike harass-



Keep track of the times you feel you've been unfairly treated.

ISTOCK

ment, often covered in human resources handbooks as behaviour toward employees because of race, religion or ethnicity, bullying brings greyer edges.

One complicating factor? Ambition and being assertive are part of a cocktail that usually equals success in cities, Dreiblatt says.

But when assertive melds into aggressive, a bully sprouts.

"When you assert, you assert yourself," Dreiblatt says. "When you're aggressive, you're aggressive to someone else."

Bullies often target multiple people, he says, but even just one person's awful cubicle experience can affect company morale — for example, turnover.

"Sometimes that aggressive individual does bring in more money for the company," he explains.

But his caution for employers? "They bring down the productivity of everyone else in the end. There's a net loss, not a net gain."

Dreiblatt suggests first finding out your company's policy on bullying, if they have one.

Then, if you confront an aggressive person, have another person present, he advises.

"Make sure someone else is there who is able to witness the confrontation," he says.

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Beyond the call of duty: Lulay has Lions roaring

CFL. Pivot who 'disrespects his body' has team's morale soaring after Week 3



CAM TUCKER
cam.tucker@metronews.ca

Ask members of the B.C. Lions about Travis Lulay and they'll rave about things he does on the field that don't fall under the conventional duties of a quarterback.

What makes Lulay a special pivot is his ability to pass, precisely delivering the football to his receivers, hand off to a running back, or rush on his own.

But he's grown into so much more than that since coming to B.C.

He's the face of the franchise and the leader.

Nothing illustrated that more than the third quarter of Saturday's win over Edmonton in monsoon conditions, when on a reverse to receiver Marco Iannuzzi, Lulay delivered a cut block on much larger Eskimos defensive end Brandon Lang.

With the help of the Lulay block, Iannuzzi was able to scamper for a first down.

The play ignited the Lions bench.

"Our quarterback, the reason why I like to call him the best in the league is because he does the small things," said Lions defensive back Korey Banks.

"He disrespects his body on a week-in and week-out basis and this team here, we're like a bunch of hungry



Travis Lulay went 12-for-18 passing with two TDs and 82 yards rushing in the Lions' 17-3 win at Edmonton's Commonwealth Stadium last weekend. The two teams meet again this Saturday at BC Place Stadium. JASON FRANSON/THE CANADIAN PRESS

wolves. We feed off of one thing and ... we'll get together and go crazy after that."

The Lions overcame a sluggish first half in which they manufactured just a single point to dominate in the second. Lulay led the way, with a team-high 82 yards rushing, while passing for 12 completions and two touchdowns in the third quarter.

"There's no doubt that Travis put that game on his shoulders," said head coach Mike Benevides.

Inspirational though it might be, there's no denying that Lulay, who re-signed

with B.C. in January to a contract extension worth a reported \$900,000 over two years, puts his body at risk whenever he throws a block.

"It crosses your mind, but you can't play that way," said Benevides.

"You can't play the game afraid. When you play the game timid, that's when you do get injured."

Lulay shares his coach's belief.

Should the opportunity to block for a teammate come again, he's likely to take it.

"It's just the competitor coming out," he said.

Injury update

Gore, McCallum say they're ready to return

Lions receiver Shawn Gore expects to play in Week 4 against the Edmonton Eskimos on Saturday at BC Place Stadium.

Gore was injured after a helmet-to-helmet hit from Janzen Jackson of the Toronto Argonauts in Week

2, and had to go through concussion protocol before returning to full practice on Tuesday.

Kicker Paul McCallum said he is ready to play, after missing the first three regular-season games with a groin injury. He practised kickoffs and field goals on Tuesday, and showed no ill effects from his injury.

There is no definitive word on whether McCallum, 43, will play this weekend.

Malhotra not giving up on return

Manny Malhotra's NHL career remains in limbo.

Malhotra is now an unrestricted free agent, after spending the last three seasons with the Vancouver Canucks.

A devastating eye injury suffered in March of 2011 side-tracked his career, to the point where Canucks general manager Mike Gillis took Malhotra out of the lineup after nine games during the 2013 season due to what he deemed were

safety concerns for the centre.

NHL free agency kicked off July 5.

"Just like everybody else, waiting for a job opportunity," Malhotra told reporters after attending the Vancouver Whitecaps training session Tuesday.

"Seems to be pretty quiet right now around the league as far as signings are concerned, but that doesn't deter me from staying in top shape and being ready when the op-

portunity arises."

Malhotra took part in a Whitecaps training session last summer as well. He grew up playing soccer and hockey, before having to choose a sport as a teenager.

He chose hockey, and was a first-round draft pick of the New York Rangers in 1998.

In 864 career NHL regular-season games, the faceoff guru has 108 goals and 278 points.

In 2010-11 he was enjoying a career year with the Canucks

before he took a puck to the eye on March 16. Wearing a full face shield, he returned to the Canucks lineup in Game 2 of the Stanley Cup final.

He played in 78 games in 2011-12, before this past season's sitting.

However, Malhotra is still looking for a chance to continue his playing career.

"Whatever opportunity arises, we're more than happy to listen," he said.

CAM TUCKER/METRO



Former Canucks centre Manny Malhotra GETTY IMAGES FILE

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2014 Mercedes-Benz CLA



Review. A new Mercedes for \$35,000?! Here it is ...

MALCOLM GUNN
wheelbasemedia.com

It might be hard to believe, but it appears as though Mercedes-Benz has caught the rest of the automotive world napping.

This fall, the automaker will introduce a front-wheel-drive sedan to North America that almost anyone pinning for a loaded-up Honda Accord, Ford Fusion or Toyota Camry can afford. But wait, as TV infomercial hawkers are fond of saying, "there's more". The 2014 CLA's sporty body cladding and other trim makes it appear far from stripped-down basic-transportation, although with a sticker price that's a few ticks below 35 grand, it's priced like one.

Other than being pulled by the front wheels (with all-wheel-drive optional), what's most unusual about the CLA is that it doesn't offer the kind

of roomy practicality that's a given when it comes to nearly every mid-size sedan. That's because Mercedes stylists drew their inspiration from the larger CLS-class faux coupe, a low-slung, wind-cheating luxury ride that remains one of the most imitated models on the planet (see Aston Martin Rapide, Volkswagen CC, Audi A7 and Ford Fusion). Things get much simpler when it comes to powertrain offerings.

The first-to-arrive CLA250 that heads here this September from its home base in Hungary comes with a turbocharged 2.0-litre four-cylinder engine that produces 208 horsepower and 258 pound-feet of torque at an engine speed that's just above idle. This helps propel the car to 100 km/h from rest in a quick 6.7 seconds, as recorded by Mercedes-Benz.

When the launch party has concluded, M-B will ship the CLA45 AMG to North America. This performance model also features a 2.0-litre turbo-four, only the block has been strengthened and a higher-output turbocharger produces

Interior & Technology

Both driver and front-seat passenger are treated to greater comfort, but the one discordant note is an infotainment/nav screen that protrudes above the fresh-air vents as if it were an afterthought. You also get plenty of tiny push-button controls to play with that will require practice to master.

Fuel economy

To assist in the fuel-economy department, the CLA250 uses technology that shuts off the engine when the car comes to a stop, such as at a red light. Once the brake pedal is released, the CLA starts right back up.

Compare



1 Acura TSX
Base price: \$36,000



2 Cadillac ATS
Base price: \$36,850

ALL PHOTOS WHEELBASEMEDIA.COM

Design

The CLA's aero design looks are pencil-sharp, but you should think twice if transporting four or more adults is on your agenda. Even though the CLA is physically larger than the previously base C-class sedan, function follows form and the form in this case is a lowered roofline that restricts rear headroom.

nearly twice the boost of the CLA250's. The result is 355 horsepower and 322 pound-feet of torque. The AMG is expected to shorten the CLA's zero-100 km/h times by about two seconds.

Both models use a seven-speed dual-clutch automated manual transmission with paddle shifters, but the AMG adds 4MATIC all-wheel-drive that sends up to 50 per cent of the torque to the rear wheels, as needed. 4MATIC will be included on the CLA250's options list later in the model year.

Already that list is a long one, even though base CLA250 models will arrive with plenty of content, including a sport suspension, Attention Assist that warns the driver should they nod off at the wheel. Collision Prevention Assist warns when a forward collision appears probable and will apply the brakes if the driver doesn't.

Of the various equipment groupings available, the Premium Package is expected to be one of the most popular since it adds dual-zone climate control, heated front seats, auto

dimming mirrors, a garage door opener and a premium Harmon-Kardon surround-sound system. Much of this equipment and then some will be added to the CLA45 AMG, but will also be reflected in the car's list price that's expected to nudge the \$60,000 mark.

For those with thinner wallets, the \$35k Mercedes-Benz CLA250 should do just fine. Its show-stealing shape is practical enough for singles or small families. It might even turn competing sedan marketers into copycats.

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Horoscopes

Aries

March 21 - April 20

There are so many positive factors at work in your life that you would be a fool not to set your sights high. Uranus, planet of changes, urges you to be adventurous. But do you really need encouragement?

Taurus

April 21 - May 21

Not even a Taurus can be confident all the time and there will be times today when you fear the worst. Take a long, hard look at your life but don't change things just because you're feeling low.

Gemini

May 22 - June 21

You will be spreading your opinions over the next 24 hours. Not everyone will agree with you, of course, but because you say it with such confidence it's unlikely they will argue with you.

Cancer

June 22 - July 23

Employers are on your side now, so think how you would like to move up in the world then let them know you are ready. If in doubt, aim to do something completely different to what you usually do.

Leo

July 24 - Aug. 23

Travel is very much on the cards today. You don't need to have a specific destination in mind, just get up and go where your fancy takes you and you are guaranteed to have fun.

Virgo

Aug. 24 - Sept. 23

Get your financial house in order. Now is the perfect time to make changes in your cash flow habits. Be aware of how wasteful you have been.

Libra

Sept. 24 - Oct. 23

You will face challenges today but you don't have to face them alone. Loved ones are always there for you and will stand by your side if you ask. Chances are you will come through unscathed.

Scorpio

Oct. 24 - Nov. 22

Cosmic activity in the work area of your chart means others expect you to deliver. The last thing you want is to let them down. Pace yourself sensibly and get it done.

Sagittarius

Nov. 23 - Dec. 21

You may be in an assertive mood but don't pick fights with people just for fun. It's good to let off steam but it's not good if you end up making enemies of people.

Capricorn

Dec. 22 - Jan. 20

Creative matters will go well today but you must not neglect affairs of the heart. Someone needs to be reminded of your passion and commitment, most likely because you have been a bit distant lately.

Aquarius

Jan. 21 - Feb. 19

You have plenty to say and you could cause a bit of friction if you come on too strong. Sometimes it pays to steer clear of facts that others may not want to hear.

Pisces

Feb. 20 - March 20

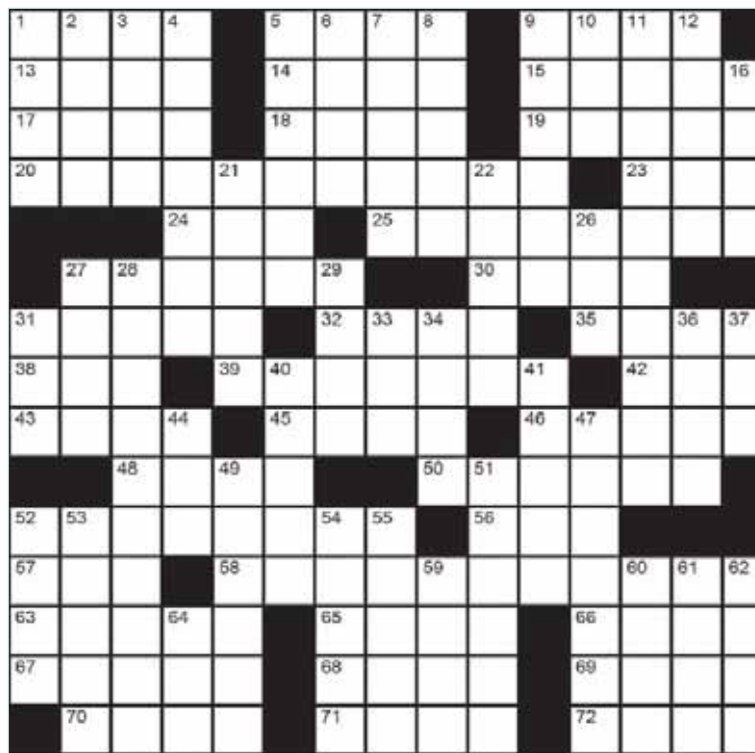
Positive cosmic activity in the money area of your chart will give you the courage to make much-needed changes. You may have to cut back on luxuries for a week or two.

SALLY BROMPTON

Crossword: Canada Across and Down

Across

1. Ms. Helgenberger
5. Monsieur Le Pew
9. Valley
13. Mideast chieftain, variantly
14. Q. "Do you prefer FM radio ____?" A. "Both, actually."
15. Verbal tests
17. The Ramayana heroine
18. Certain cracker
19. Surrealist artist Max
20. Toxic clean-up togs: 2 wds.
23. ____ casting
24. Gladiator's 1002
25. Glass Tiger lead singer: 2 wds.
27. Strong military city of ancient Greece
30. Decorative case
31. Sound loudly, as a radio
32. Singer/songwriter Lisa
35. Company bosses, collectively [abbr.]
38. Mouth, slang-style
39. Nuclear ____
42. Bit of Beatles: "Isn't ____ bit like..."
43. She sheeps
45. Non-vegetarian fare
46. Band of eight
48. Value
50. Have ____ of energy
52. Who The Band backed: 2 wds.
56. Riddle-me-____



57. "...am right ____ am wrong..." - The Beatles
58. ____ and Immigration Canada
63. "Blame It ____" (1984) starring Michael Caine
65. First name letter,

- e.g.
66. Ms. Reid
67. Celebrity chef Mr. DiSpirito
68. Quash
69. Creams company
70. Subsequently
71. "____ Brockovich"
72. Opposites of ouis

Down

1. Bangers and ____ (Pub serving)
2. "What ____ mind reader?"
3. Crackers brand
4. It's about sentences, etc.
5. Sticky notes brand
6. Ancient Greece's love god
7. The Taming of the Shrew setting
8. Internet mode of communication
9. Platinum Blonde hit: "____ Really Matter"
10. ETA part, for short

11. First Nation concern: 2 wds.
12. Vintage dairy products cow
16. Goulash
21. Broadcaster
22. Billy Blanks fitness system: 2 wds.
26. Fee-fi-fo-____
27. Shredded cabbage
28. Alternate name of Saskatchewan's provincial tree: 2 wds.
29. Winglike parts
31. "Adieu."
33. Wood sorrel
34. Songstress Ms. James
36. Encounter
37. Rat-a-____
40. Ms. Sande of recent hit "Next to Me"
41. 1431: French city where Joan of Arc was executed
44. Down
47. BC locale of Columbia Brewery
49. Mogul
51. Cape ____ Island
52. Barbarian
53. "Ripley's Believe It" finisher: 2 wds.
54. 'Decor' finishing?
55. Ten-er - One-er = What-er?
59. Tube-shaped pasta
60. Beyonce ballad
61. Persia, nowadays
62. Remunerations
64. Drink chiller

Yesterday's Crossword



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



Today



Thursday



Know what the weather
will be 14 days from now.
Check the 14 day trend.

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TOWER 2

UNIT	VIEW	AREA	PLAN	TYPE	PRICE	MONTHLY
103	N	506	A3b	1 BR+FLEX	\$240,900	\$896
107	SW	756	B8	2 BR+FLEX	\$399,900	\$1,487
203	N	506	A3b	1 BR+FLEX	\$242,900	\$903
205	E	620	B10	2 BR	\$320,900	\$1,193
207	SW	756	B8	2 BR+FLEX	\$389,900	\$1,450
303	N	506	A3b	1 BR+FLEX	\$244,900	\$911
507	SE	760	B14a	2 BR+FLEX	\$389,900	\$1,450
653	N	506	A3b	1 BR+FLEX	\$248,900	\$926
853	N	506	A3b	1 BR+FLEX	\$252,900	\$940
855	E	454	A5	1 BR+FLEX	\$232,900	\$866
953	N	506	A3b	1 BR+FLEX	\$254,900	\$948
954	NE	584	A6	1 BR+FLEX	\$283,900	\$1,056
1057	E	635	A12	1 BR+D+FLEX	\$333,900	\$1,242

UNIT	VIEW	AREA	PLAN	TYPE	PRICE	MONTHLY
1059	S	517	A3a	1 BR+FLEX	\$251,900	\$937
1505	E	454	A5	1 BR+FLEX	\$242,900	\$903
2110	W	481	A1b	1 BR+FLEX	\$266,900	\$902
2310	W	481	A1b	1 BR+FLEX	\$270,900	\$1,007
2603	N	506	A3b	1 BR+FLEX	\$286,900	\$1,067
2807	SE	883	B5	2 BR+EB+FLEX	\$483,900	\$1,799
2809	SW	646	B1a	2 BR	\$388,900	\$1,446
3005	E	454	A5	1 BR+FLEX	\$278,900	\$1,037
3009	SW	646	B1a	2 BR	\$399,900	\$1,487
3102	NW	879	C7	2 BR+FLEX	\$549,900	\$2,045
3204	E	650	C4	2 BR	\$394,900	\$1,468
PH3	NE	788	C8	2 BR	\$542,900	\$2,119



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